



ASANSOL GIRLS' COLLEGE



*National nutrition month 2020
Celebration (1st to 30th sept)*

HOSTED BY DEPT. OF NUTRITION

ASANSOL GIRLS' COLLEGE

NAAC ACCREDITED 'A' GRADE COLLEGE

AFFILIATED to KAZI NAZRUL

UNIVERSITY

**DR. ANJALI ROY SARANI,
ASANSOL, PASCHIM BARDHAMAN
WEST BENGAL 713304**



ABOUT THE COLLEGE

ASANSOL GIRLS' COLLEGE was established in 1950. 70 years ago. It is a NAAC Accredited 'A' Grade College, affiliated to KAZI NAZRUL UNIVERSITY, Asansol, Paschim Bardhaman, West Bengal, India. This college is specially dedicated for girls education.

The college is achieving new heights of success in various fields under the guidance of Dr. Sandip Kr Ghatak, Vice Principal and co-operation of all others respectable teaching and non teaching staffs.

**Dr. Sandip Kumar
Ghatak, Vice Principal**

**Dr. Shyamal Seth,
IOAC Co ordinator**

About the Department

THE DEPARTMENT OF NUTRITION WAS ESTABLISHED IN THE YEAR 2006 AND IS DEDICATED TO PREPARE THE BASE OF FUTURE OF NUTRITION/DIET EXPERT THROUGH ITS 3 YEARS

A. SC NUTRITION HONS COURSE (SEMESTER SYSTEM). THE DEPARTMENT ALWAYS TRIVES FOR THE NUTRITIONAL HEALTH UPGRADATION AND AWARENESS OF ALL ALONG WITH ITS FACILITY MEMBERS AND STUDENTS

Department Facilities &

Program Committee Members :-

CONVENOR:

PROF. PALLAVI MAJUMDER, ASST PROF. & COURSE CO-ORDINATOR, DEPARTMENT OF NUTRITION

JT. CONVENOR:

PROF. ARNAB CHATTERJEE, ASST PROF, DEPARTMENT OF NUTRITION

SECRETARY:

PROF. KAMALIKA CHATTERJEE, SACT II DEPARTMENT OF NUTRITION

About "National Nutrition Month"/"Poshan Maah"

National **N**utrition **M**onth (**NNM**) is being celebrated across the **I**ndian, each year with a different specific focus on the aspects of **N**utrition & **D**ietetics. **B**efore **2019** each year we use to celebrate **N**ational **N**utrition **W**eek.

But from **2019** as per the government of **I**ndia announcement the whole month of **S**eptember is being celebrated as "**P**oshan **M**aah" or "**N**ational **N**utrition **M**onth". **A**nd this year the area of focus activities are :-

1. Identification & tracking of Children with Severe Acute Malnutrition (SAM).

2. Plantation drive for promotion of kitchen garden under "POSHAN KE LIYE PAUDHE".



ACTIVITIES HIGHLIGHTS



• KEYNOTE MESSAGE FROM
RESPECTED TEACHER'S AND
GUEST SPEAKERS

• COMPETITION
SEGMENTS :-



1. ONLINE COOKING COMPETITION
IN COLLABORATION WITH
NESTLE INDIA PRIVATE LIMITED

2. Oral presentation (National
Level Competition)

• PUBLIC AWARENESS ORIENTED
VIRTUAL PRESENTATION ON
'NUTRITION EDUCATION' BY
DEPARTMENTAL STUDENTS

ONLINE COOKING COMPETITION

Organised by : Nestle India Ltd.

In association with : **Asansol Girls' College**
(Department of Nutrition)



Theme : **Healthy Junk Food.**

Nestle Products to use : **Maggi Noodles and Maggi Masala-ae-Magic.**

Dr. Sandip Kr. Ghatak
Vice Principal

Dr. Shyamal Seth
IQAC Co-Ordinator

Prof. Pallavi Majumder
Assistant Professor & Course Co-Ordinator



DATES :-

- 05/09/2020 - Last Date of Online Recipe Submission.
- 07/09/2020 - Online Demonstration by Students.
- 08/09/2020 - Result Announcement and Recipe demonstration by Nestle.

ATTENTION!!!!

ORAL PRESENTATION COMPETITION **RULE & REGULATIONS**



Topic- 'Community Boosting role of Indian Foods & ingredients'

- 1. Time limit of the video presentation should be within 5 minutes (file size not more than 50 mb) & It should be a single Video.**
- 2. English/Hindi/Bengali speech are allowed only.**
- 3. Voice & speech should be cleared & video should be horizontally recorded & participants must introduce him/ her self at start.**
- 4. Edited video will be rejected & background music is not allowed.**
- 5. Last date for video submission is 15/09/2020**
- 6. Judgment will be done based on Content, Latest information, Way of Delivery etc.**
- 7. Top three presentations will be displayed & Winner will be announced.**
- 8. Winner will be selected on basis of judgment of respected judge(s) only.**
- 9. E- Certificates will be distribute to all participants & Winner 🏆🎉🏆**
- 10. After Registration each participants must join the Competition WhatsApp group.**
- 11. Participant's video should be as :Name of the Participant_ Institution Name.**
- 12. Registration link: <https://forms.gle/gM6Zw3NXbcLNX6pf7>**
- 13. Winner will be announced on 25/09/2020**

Send Your Entries to:

agcnutritiondept@gmail.com

Registration Open For UG & PG
Students (Last Date for Registration
10/09/2020)

